

Covid-19 Precautions

Issued 13th August 2021

Lauderdale
House

Event	Yoga with Billy Doyle	
Dates	Monday 6th Sept & Tuesday 7th Sept - Monday 13th Dec & Tuesday 14th Dec Time : 7:00pm-8:30pm (Monday) & 10:00pm-11:30pm (Tuesdays) Half Term : no classes 25 & 26 October	
Time	Monday Class - 19:00 - 20:30 Tuesday Class - 10:00 - 11:30	
Location	Long Gallery (first floor)	
Cleaning Arrangements	Before	After
	All hard surfaces and door handles will be wiped down with disinfectant. Floor mopped with cleaner which kills Covid-19	Lauderdale Staff to wipe down all hard surfaces and door handles. Personal rubbish to be disposed of in bins provided.
Materials / Equipment	Attendees will bring own yoga mats, blankets and face coverings	
Mitigations for COVID-19	<ul style="list-style-type: none"> • All attendees will be told not to attend if displaying any Covid-19 symptoms (https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/) or if they should be quarantining. • We also recommend taking a lateral flow test before attending the class. • Arrival: <ul style="list-style-type: none"> ○ Enter through East Entrance (black front door), cross the hallway and go up via main staircase. ○ Scan the Track and Trace QR code or record your contact details in our Track and Trace record book. • Access to toilets: Please go down main staircase (do NOT use other staircases), back into the Entrance Hall/Lower Gallery; turn left and go through the double doors by Nell Gwynn's Bath • Access to café (morning classes): People attending morning classes who wish to go to the café should go down the main staircase, across the hall and out through the front door (press <u>green</u> button on the right) 	

	<p>and walk around the outside of the House on the right hand side to the back café entrance.</p> <ul style="list-style-type: none"> • Mask wearing is not compulsory but we advise participants to wear a mask when attending the toilet suite as this is an enclosed space. • Open windows as much as possible and advise attenders to wear warm clothing. • Please be aware of social distancing where possible and be considerate of other people. • The temperature gun will be made accessible should you wish to use it. • Use the hand sanitiser on the front desk upon entry. • Billy Doyle will supply hand sanitiser in the Long Gallery. • There is a sink at the back of the storage area, Ante Room, which can be used for handwashing. • Prop open the Long Gallery door with a door stop for ease of access and to reduce touching the door handle. (This will be closed once class begins) • Tutor and attenders to use only the toilets designated for the class in the main suite. If attending the café after the call please use the café toilets. <p style="text-align: center;">Please see maps at each of the main entrances.</p>
<p>Designated Toilets (How many)</p>	<p>2 x Toilets in the main suite Please do not use other toilets – you may use the café toilets if attending the café.</p>
<p>Responsibility for Test and Trace</p>	<p>Billy Doyle is responsible for obtaining contact details of his attenders and recording who attends the classes. He will supply these details to Lauderdale House if required for test and trace. If you develop Covid-19 symptoms after attending a yoga class at Lauderdale House you should contact Billy Doyle and also Lauderdale House.</p>
<p>Fire Exits</p>	<p>Fire Exit 1 – door nearest the piano; down the stairs, out onto Tea Lawn; assemble at far end of Tea Lawn Fire Exit 2 – down main staircase; turn left, out through main door; assemble 100 metres up Highgate Hill on the pavement</p>